

# Holy Communion

(THE LORD'S SUPPER)

What Lutherans and Roman Catholics teach about the Holy Communion are as follows:

	Bread and Wine	Body and Blood
Lutherans	yes	yes
Roman Catholics	no	yes

Lutherans teach that the true Body and true Blood of Christ are under, with and in the bread and wine for Christians to eat and drink.

**Matthew 26: 26, 28:** This is My Body...This is My Blood.

Roman Catholics teach differently on that; they believe in **transubstantiation**. That means that the bread and wine **permanently change into** the Body and Blood of Christ.

Both Lutherans and Roman Catholics agree that Jesus Christ instituted (established, started) the Holy Communion. They also agree that we eat and drink to remember Jesus Christ and His Passion (suffering and death on cross). They agree that when we eat and drink, we receive forgiveness of sins.

Lutherans and Roman Catholics teach that when we eat and drink, we need to believe and trust (faith) that we receive forgiveness of sins.

Lutherans and Roman Catholics teach that if we just go to eat and drink carelessly with no faith, we sin against the Body and Blood of Christ. **1 Corinthians 11:27-29.**

Lutherans teach that each person eats and drinks for the forgiveness of **his/her** own sins only. Roman Catholics teach that when one person eats and drinks, this same person also eats and drinks for the loved ones still in purgatory.

Roman Catholics teach that the Mass (the Holy Communion) is closely connected with the Purgatory. The more a faithful Catholic goes to the Mass, the less time the loved ones spend in the purgatory. Lutherans do not believe that.

Roman Catholics teach that the main reasons for almost all people being in the purgatory are: (1) not all venial (small) sins have been forgiven; (2) most mortal (big, serious) sins not yet forgiven; and, (3) souls still too dirty (not holy enough) to go to heaven. Lutherans do not believe that.