

126. “Bread of Life” Sermon, Part 2 (John 6:53-69)

Prayer: Lord Jesus, sometimes Your teachings are confusing. Sometimes we can't understand. But we know that You are the only one who can give us eternal life. Help us to trust in You and not doubt. Help us trust that You are the eternal Bread of Life. We pray in Your name. Amen.

John 6:53-56. Jesus told the Jews, “I am telling you the truth. If you don't eat the flesh of the Son of Man and drink His blood, you have no life. If you eat My flesh and drink My blood, then you have eternal life. Then on the last day, I will raise you alive. My flesh is real food. My blood is real drink. If someone eats My flesh and drinks My blood, that person continues in Me, and I continue in him.”

- Some people think Jesus was only a good teacher, nothing more. After you see these words, can you think Jesus is only a good teacher?
- Jesus tells us to eat His flesh and drink His blood. Jesus names 3 benefits. What are they?
- What does Jesus mean when He tells us to eat His flesh and drink His blood? Does He mean actually eating flesh and blood, or does He mean something else?

John 6:57-59. Jesus said, “The living Father sent Me, and I live because of the Father. The same, a person who eats My flesh and drinks My blood will live because of Me. This is the bread from heaven. Long ago, your fathers ate manna and they died. But the person who eats this bread from heaven will live forever.” Jesus taught these things in the Jewish church in Capernaum.

- Where did Jesus say His life is from? Where is our life from?
- Who is the living bread from heaven? How is that bread better than normal bread from the store?

John 6:60-62. The disciples listened to Jesus' teaching. Many disciples said, "That teaching is difficult! Who can accept it?" Jesus knew the disciples were complaining about His teaching. Jesus asked, "That teaching offends (insults) you? What if you see the Son of Man go up into heaven again?"

- These verses talk about Jesus' disciples, meaning all the people who followed Jesus, not only the 12 apostles. All the disciples complained about Jesus' teaching. Why? Was the teaching not clear, hard to understand?
- Suppose the disciples saw Jesus go up into heaven. Do you think that would help them believe Jesus' words?

John 6:63-66. Jesus said, "The Spirit gives life. The flesh is worth nothing. I spoke words of spirit and life. But some of you don't believe." Since the beginning, Jesus knew who didn't believe and Jesus knew who would betray Him. Jesus said, "You don't believe? That is why I told you, you can't come to Me unless the Father brings you." After that, many disciples left and stopped following Jesus.

- Jesus says now "The flesh is worth nothing." But earlier He said His flesh gives life. Confusing! Jesus can mean two things here.
 1. Without the _____, Jesus' flesh is worth nothing to us. Jesus doesn't want His flesh and blood to be like magic. Jesus doesn't want us to eat and drink and that is all. Jesus wants us to _____.
 2. Jesus isn't saying His flesh is worth nothing. Jesus is saying _____ flesh is worth nothing. Don't depend on your mind alone to understand.
- Who gives us faith in Jesus? Who brings us to Jesus?

John 6:67-69. Jesus asked the 12 disciples, "Do you want to leave also?" Peter answered, "Lord, where will we go? To what person? You have the words of eternal life. We believe and we know you are the Holy One of God."

- The 12 disciples were probably confused also about Jesus' teaching. Did they want to leave? Why not?